

A vertical stack of smooth, light-colored stones, likely river stones, is shown on the left side of the page. The stones are stacked in a slightly irregular manner, with some larger stones on top and smaller ones at the bottom. The background is a soft, out-of-focus beach scene with a clear sky and water.

SPA MENU

1 Our Philosophy



The Royal Wellness Club is born out of a sincere understanding of passion for wellness, which we define as a way of life that focuses on physical, emotional and mental wellbeing.

We are committed to deliver all aspects of wellness with integrity and honesty, providing an inspiration for lifestyle change in an environment that delights all the senses.

We respect the individuality of our guests and craft experiences to stimulate, energize and restore.

The Royal Wellness Club offers exclusively in Greece, the Spa System® by Starpool, an innovative way of using the Spa facilities in order to achieve wellbeing and maximum pleasure.

Our wellness facilities are combined with the purest treatments and products of luxury Spa brand, Germaine de Capuccini, with the expertise of our skilled therapists in order to revitalize the skin and give immediate and long lasting results.

We give our guests the tools to pursue a better quality of life.

Retreat · Relax · Refresh

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How To Spa With Us



| HOURS OF OPERATION

Monday to Sunday 10:00-19:00.

| USE OF WET AREA

There is an entrance fee of 20€ per person per hour for the use of the experience shower, ice bucket, steam bath, sauna and indoor pool.

| SPA RESERVATIONS

Our Spa concierge can assist you in planning the perfect Spa experience, including the best sequence for your treatment.

Advance bookings are always recommended to guarantee your preferred treatment and time.

We can provide Spa treatments in the privacy of your room upon availability with an extra charge of 50%.

| SPA CANCELLATIONS

We understand that schedules change, and we will do our best to accommodate your needs.

Since your Spa time is reserved especially for you, we kindly ask you to give a 4 hour notice for cancelling on individual treatments and 24 hour notice for Spa packages.

Cancellations made within the above notice period will be subject to the full charge for the treatment or package booked.

| PREGNANCY

We have specially designed treatments for pregnant women and nursing mothers. Please allow our Spa team to guide you in selecting which treatments are most suitable for you.

| PRIOR TO ARRIVAL

As many Spa treatments improve blood circulation and use pressure techniques we advise against eating a heavy meal before your treatment. A light snack is appropriate if you are hungry. We strongly advise against the intake of alcohol before any Spa treatment.

We advise against wearing jewelry during your Spa visit, please leave it in your room safe.

The Spa cannot accept responsibility for any loss of jewelry and does not assume responsibility for lost items.

| SPA ARRIVAL

We recommend that you arrive at the Spa at least 15 minutes before your scheduled appointment.

Arriving late will limit the time available for your treatment, lessening its effectiveness and your pleasure.

This is your time and you should enjoy this experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of your preferences or discomfort you may experience. Your care is our highest priority.

| WHAT TO WEAR

We will provide undergarments or you can wear your bathing suit during treatments.

| HEALTH QUESTIONS

Please inform us of any medical conditions or special needs you may have at the time of booking. This will allow the Spa Concierge to guide you in selecting appropriate services.

| PRICES

All prices are quoted in EURO and are subject to change without prior notice at any time.

| PAYMENT

We accept all major credit cards. You may also charge Spa services to your hotel bill. For your convenience, payment is also accepted prior to your treatment.

| DURING YOUR STAY

The Spa is dedicated to maintaining an environment of peace and tranquility. Please help us by respecting our atmosphere and quiet.

Out of respect for other guests, we ask you to keep your cell phone turned off during your stay in the Spa. Smoking in the Spa area is prohibited.

| AGE REQUIREMENT

The Spa is suitable for guests over 18 years of age. Guests under 18 years of age require parental consent. Children under the age of 12 need to be accompanied by one parent.



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Face
Treatments



Before applying each treatment, the qualified staff will perform a skin analysis of your face using the special machine "Professional Beauty Diagnosis" by Germaine de Cappuccini.

Global Anti-Age 70 min / 150€

A complete anti-aging treatment, based on epigenetics. It restores the skin's rejuvenation and defense mechanisms, while it fills, hydrates and smooths the face.



Total Lift(IN) 70 min / 140€

An ideal treatment for skins in need of volume and density. The firmness of the skin is restored, while achieving an oblique and horizontal lifting with immediate results.



Wrink Less 70 min / 140€

A wonderful treatment for the elimination of wrinkles. It contains special ingredients which are applied with an exclusive lifting massage. The production of collagen and elastin is increased and the wrinkles are filled in naturally.



Oxygen Boost 60 min / 120€

Suitable for ages over 25, for skins that need activation and boosting of their defense against premature aging and the polluted atmosphere. Its special formula immediately reinforces cellular oxygenation and the skin is detoxified and revitalized.

Vitamin C Power

60 min / 120€

An anti-ageing and anti-fatigue ritual ideal for skin that appears tired or stressed. Enriched with pure vitamin C, it protects, brightens, and helps improve overall skin tone. A luxurious experience that revitalises the complexion, restoring radiance and luminosity.



Plump & Hydrate

60 min / 120€

Prevents dehydration and moisturizes the skin from the inside out and vice versa. It contains hyaluronic acid for immediate and long-lasting hydration.

*Quiet
the mind
and the soul
will speak!*



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Body
Treatments



Slimming Trilogy

60 min / 140€

An innovative treatment, with a strong action against fat accumulation. A super concentrated formula which helps in reducing orange peel effect. Moreover, it enhances microcirculation and toxin removal. The treatment includes exfoliation, body wrap and a special massage.

•

Supreme Lift Therapy

60 min / 130€

A powerful sculpting ritual beginning with an intensive fat-reduction massage to stimulate circulation and contour the body. A firming body wrap enhances detoxification while refining skin texture and tone. Finished with a targeted lifting massage using a specialized tool for an immediate lifted result.

•

Drainage-Detox Therapy

40 min / 100€

A revitalizing treatment designed to stimulate lymphatic flow, eliminate toxins, and reduce fluid retention. This gentle yet effective therapy helps detoxify the body, boost circulation, and restore a feeling of lightness and overall well-being.

•

Sensory Escape

60 min / 130€

This exquisite ritual transcends the physical, restoring inner balance and harmony through a deep connection with nature. A gentle exfoliation prepares the skin, followed by a nourishing massage using luxurious oil enriched with organic baobab oil and cocoa butter. The body is enveloped in deep hydration, leaving the skin velvety soft, silky and radiant.

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Rituals



Pre Sun Care

100 min / 170€

Reveal radiant, sun-ready skin with this indulgent ritual enriched with antioxidant-rich pomegranate. The luxurious scrub and wrap nourish, hydrate, and protect, restoring softness, vitality, and a natural glow. A complete sensory journey that harmonises body, mind, and spirit, leaving you refreshed, invigorated, and utterly pampered.

•

Post Sun Care

100 min / 170€

Help your skin recover and rejuvenate after sun exposure with this restorative ritual. Enriched with olive oil and everlasting flower, it soothes, hydrates, and combats visible signs of ageing, leaving the skin nourished, supple, and radiant. Long, flowing massage movements and a luxurious body wrap evoke the serenity of the Mediterranean, reviving both body and senses.

•

Minoan Signature

100 min / 180€

Based on the era of the Minoan civilization and the traditional use of carob. Its grains remove the dead cells and the syrup is evenly distributed on the whole body. The effectiveness of the treatment is boosted with a 30-minute massage. Additionally, 15 minutes of relaxation in the steam bath are included.

•

Mediterranean Rhythm

30 min / 65€

Inspired by the rhythmic movement of the Mediterranean Sea, this ancestral exfoliation and massage renew body and mind. The nourishing power of olive oil combined with the soothing essence of everlasting flower deeply cleanses and revitalizes the skin.

Botanical Inspiration 40 min / 90€

Purify and renew your skin with this iconic, time-honoured ritual. A luxurious exfoliation and massage blends ground rice, antioxidant rich matcha, soya, and sesame to deeply nourish and rejuvenate.



Harmony Essence 30 min / 75€


Gentle, luxurious scrubs refine skin texture and prepare the body for your treatment journey. Each ritual awakens the senses and leaving skin soft, radiant, and refreshed. Select the essence that resonates with you and begin your personalized path.



Everlasting & Olive Wrap 40 min / 90€

Immerse yourself in a moisturizing, calming ritual inspired by the serenity of the Mediterranean Sea. Olive oil and everlasting flower nourish the skin, combined with flowing massage movements that mirror the gentle rhythm of the waves.

*Relaxation
is the
stepping stone
to tranquility.*

A woman with long blonde hair, wearing a light-colored lab coat, is holding a white strip of paper to her nose and inhaling. She has her eyes closed and a slight smile. The background is dark and out of focus, suggesting a laboratory or office environment. The lighting is warm and focused on her face.

DID YOU KNOW...?

THE SENSE OF SMELL IS DIRECTLY
CONNECTED TO THE PART OF THE BRAIN
THAT REGULATES EMOTIONS. THAT'S WHY
CERTAIN SCENTS CAN IMMEDIATELY
INFLUENCE YOUR MOOD.



*Treat your
mind, body
and soul.*

6

Massage
Treatments



Nana Golden Massage 80 min / 160€

The ultimate luxury, enjoy a pleasant massage with gemstones: Amethyst, rhodochrosite, malachite, diamond and trace elements. Their unique nutritive, hydrating and refreshing properties create the most wonderful environment for relaxation.

•

Deep Tissue 50 min / 130€ 80 min / 160€

In this particular massage, intense pressure is applied to all deep muscle groups. This technique results in the relaxation, not only of the surface muscles, but of all the muscle groups and connective tissues.

•

Anti-Cellulite 30 min / 80€

When the connective tissue loses its elasticity and the skin has an orange peel appearance, the special massage movements offer immediate, visible results.

•

Hot Lava 50 min / 110€ 80 min / 160€

The massage techniques are combined with the properties of the volcanic stones and the essential oils. The hot stones are placed in specific places of the body, releasing the accumulated energy from the chakras, while they offer a feeling of total harmony.

•

Ceremony For Couples 50 min / 100€ pp 80 min / 140€ pp

An experience for two you should offer yourselves and your loved one. Enjoy an aromatherapy massage under the lights of candles, in the special rooms designed for two persons.

•

Aroma Of Palace 50 min / 100€ pp 80 min / 140€ pp

Come to the world of senses and aromas, where time stops and a unique journey begins. The relaxing massage is ideal for the treatment of chronic fatigue, insomnia and depression.



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Family Kids Experience



Sweet Kids Bliss

30 min / 85€
40 min / 100€

A fun and sweet-scented massage experience specially designed for children, featuring delightful choco, vanilla, and strawberry aromas. A gentle and relaxing treatment that brings smiles, comfort, and pure enjoyment.

•

Mommy/Daddy and Me

30 min / 160€
40 min / 190€

A delightful massage experience for children to enjoy alongside their mother or father in a calm and relaxing environment. A gentle treatment designed to create precious bonding moments, comfort, and pure relaxation for both parent and child.

•

Mini Me Facial Glow

30 min / 85€
40 min / 100€

A gentle facial treatment specially designed to hydrate and care for delicate, sensitive children's skin, followed by a soothing head massage for ultimate relaxation. A beautiful introduction to wellness, helping little ones connect with calmness and self-care.



Special Prenatal Treatments



Future moms may also enjoy the beneficial and relaxing effects of Spa treatments. You are however required to inform the Spa staff of your condition before receiving any treatment. The following treatments are recommended for your daily skin care in order to avoid the appearance of stretch marks, retain moisture and prevent discoloration of the skin.

Face Treatments

- Oxygen Boost
- Vitamin C Power
- Plump & Hydrate

Body & Massage Treatments

- Harmony essence
- Sensory Escape
- Pregnancy Massage

Rituals

- Pre Sun Care

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Special Postnatal Treatments



The following treatments are recommended after the end of the nursing period. Otherwise, the special prenatal treatments can be applied.

Face Treatments

All facial treatments can be applied.

Body & Massage Treatments

- Slimming Trilogy
- Supreme Lift Therapy
- Drainage-Detox Therapy
- Sensory Escape

10 Wellness Therapy

Zerobody Dry Float

Feel the unique experience of dry floatation on a mattress filled with 400 litres of warm water in Starpool's innovative, patented floating therapy bed and let yourself go into a complete sense of serenity that regenerates body and mind. Zerobody Dry Float offers the benefits of reducing gravity and external stimuli, having a positive impact on psycho-physical well-being. The results are: stress reduction, a deep relaxation feeling, pain and tensions relief, increased blood flow, better sleep quality, focus and clarity, enhanced imagination.

Session 1x 20min/40€

Session 2x 20min/70€

Session 3x 20min/110€

**Add in any treatment and get
-15% in one session*



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Spa Packages



Relax

3h 10min / 230€

- Relax Spa experience course in the wet area *60 min*
- Minoan Signature *100 min*
- Heavenly Head Massage *30 min*



Tonic

3h 30min / 240€

- Tonic Spa experience course in the wet area *60 min*
- Pre Sun Care *100 min*
- King Olive Massage *50 min*



Purify

2h 30min / 190€

- Purify Spa experience course in the wet area *60 min*
- Botanical inspiration *40 min*
- Aroma of Palace *50 min*



Excite

2h 30min / 190€

- Excite Spa experience course in the wet area *60 min*
- Mediterranean Rhythm *40 min*
- Mediterranean Candlelight *50 min*

FACIAL TREATMENTS

• Global Anti-Age	70'		150€
• Total Lift (IN)	70'		140€
• Wrink Less	70'		140€
• Oxygen Boost	60'		120€
• Vitamin C Power	60'		120€
• Plump & Hydrate	60'		120€

BODY TREATMENTS

• Slimming Trilogy	60'		140€
• Supreme Lift Therapy	60'		130€
• Drainage-Detox Therapy	40'		100€
• Sensory Escape	40'		130€

RITUAL TREATMENTS

• Pre Sun Care	100'		170€
• Post Sun Care	100'		170€
• Minoan Signature	100'		180€
• Mediterranean Rhythm	30'		65€
• Botanical Inspiration	40'		90€
• Harmony Essence	30'		75€
• Everlasting & Olive Wrap	40'		90€

MASSAGES

• Back-Neck-Shoulders	30'		80€
	40'		90€
• Heavenly Head	30'		80€
• King Olive Massage	50'		100€
	80'		140€
• Pregnancy Massage	50'		110€
• Mediterranean Candlelight	50'		130€
	80'		160€
• Nana Golden Massage	80'		160€
• Deep Tissue	50'		130€
	80'		160€
• Anti-Cellulite	30'		80€
• Hot Lava	50'		110€
	80'		160€
• Ceremony For Couples	50'		100€ pp
	80'		140€ pp
• Aroma Of Palace	50'		100€ pp
	80'		140€ pp

FAMILY KIDS EXPERIENCE

• Sweet Kids Bliss	30'		75€
	40'		90€
• Mommy/Daddy and Me	30'		150€
	40'		180€
• Mini Me Facial Glow	30'		75€
	40'		90€

SPA PACKAGES

• Relax	3h 10min		230€
• Tonic	3h 30min		240€
• Purify	2h 30min		190€
• Excite	2h 30min		190€