



## **FOOD AND BEVERAGES OUTLETS**

## **Restaurants**

#### **Artemis** Main Restaurant

American Breakfast (Buffet style)	07:15 - 11:00
Lunch	13:00 - 15:00
Dinner	18:15 - 21:30

## La Pergola Snack Bar-Restaurant

Snacks, Soft Drinks	Snacks.	. Soft	Drinks
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Coffee & Tea Selection and Gelateria:	10:00 - 12:00
Green and Grill light Lunch:	12:30 - 14:30
Coffee and Tea Selection	15:00 - 17:00
Midnight and All Night Restaurant	22:30 - 07:00

For lunch baskets and early breakfast service, please contact the reception, the latest 20:00 hours the day before

## **FOOD AND BEVERAGES OUTLETS**

#### **A La Carte Restaurants**

Reservations are required for all of the a la carte restaurants (choice of the restaurant upon availability).

Zorbas	Greek Specialities, Open Air Restaurant	18:15 - 21:15
Azzurro	Italian Dishes, Sea front Restaurant	18:15 - 21:15
Nami	Asian Cuisine, Sea front Restaurant	18:15 - 21:15
Poseidon	Fine Dining by the pool	18:15 - 21:15
Thalassa	Fish specialities	18:15 - 21:15
Umi	Restaurant	18:15 - 21:15
Meat In	Grill specialities	18:15 - 21:15

## **BARS** With alcoholic drinks

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Panorama	Main Lobby Bar	17:00 - 00:45
Dionysus	Music bar	21:00 - 00:45
Anemos	ldyllic sunset bar	19:15 - 00:45
Dolphin	By the main pool	10:30 - 18:00
Athina	Lobby Bar	
Ammos	Beach Bar	10:30 - 18:00
Sports Bar	By the sports center	17:00 - 00:45

## **SNACK BARS** With snacks and soft drinks

Nautilus	On the beach	10:00 - 17:30
Poseidon	Snacks, soft drinks, ice cream	10:00 - 17:30
Veranda	Open Sea Experience	10:00 - 17:30
Kalypso	All day Family Delight	10:00 - 17:30
Aqua	By the water park	10:00 - 17:30

#### **Special dietary requirements**

Please notify the Guest Relations team if you have any special dietary requirements.

## **DRESS CODE**

**Daytime:** Resort Casual. No swimwear in restaurants and snack bar. Please dress appropriately.

**Evening:** Elegant casual. No beachwear or shorts for ladies or gentlemen in the evening. Gentlemen must wear long trousers or elegant bermudas in all restaurants and bars. For safety reasons, shoes must be worn in all bars and restaurants.

## **ACTIVITIES SCHEDULE 6 Days entertainment program:**

- 6 days activities by the pool and the beach
- Mini Club: 3 12 years
- Teens: 13 18 years, July & August
- Live music several nights per week
- · Live shows several nights per week

For detailed information please see the daily schedule.

## **Mini Club Games**

- Competitions
- Mini Shows
- Theme Days
- · Children's Playground
- Children's exclusive fun pool
- Two outdoor children's pools

Evening shows in the open a Amphitheatre several nights per week.

## NANA TENNIS & SPORTS CLUB\*

08:00-22:00

Our fresh, newly build facility with 21 tennis courts (13 hybrid clay and 5 "US Open" hard courts), 3 padel tennis courts. Our over 2000sqm clubhouse will include a sports bar, tennis shop, professionally equipped gym, spa, indoor pool and a bar with amazing view overlooking the nearby bay

## Sports Fitness Club ★

10:00-18:00

AGE REQUIREMENT

Guests under of fifteen (15) may enter the ftness area only with adult supervision

## Sport Wellness Club\*

10.00-18

AGE REQUIREMENT

The Spa is suitable for guests over 18 years of age. Under 18 years of age require parental consent. Children under the age of 12 need to be accompanied by the parent. Admittance in the indoor pool/wet area is not permitted

## Indoor pool Adults only★

10:00-18:00

*Indoor Training children pool only for swim lessons* 

# Schwimmschule FLIPPER®

## KIDS SWIMMING SCHOOL\*

Learn to swim with our professional swimming teacher / learning or new swim techniques

## **New Water Park**

10:00-18:00

Discover a world of aquatic fun full of impressive slides, twisty rides, family friendly splashing pools and raging river rapids expertly located within Nana Golden Beach and with free access for the hotel's guests. Make sure your children understand the rules BEFORE entering the waterpark. There are lifeguards on duty, but any children you bring to the waterpark remain your responsibility at all times. Children under the age of 12 years old must be supervised at all times by an accompanying adult (EN 15288-2:2018, 7.2.3.).

## **Royal Wellness Club\***

We invite you to enjoy a total wellness experience. Treatment rooms for wet and dry treatments.

Massage rooms equipped with advanced technology massage beds and innovative features, suitable for face and body treatments.
Indoor pool with Crystal vision

Indoor pool with Crystal vision steam bath and sauna with special features, themed with music, color, aroma and sensory shower.

## **AGE REQUIREMENT**

The Spa is suitable for guests over 18 years of age. Under 18 years of age require parental consent. Children under the age of 12 need to be accompanied by the parent. Admittance in the indoor pool/wet area is not permitted

## **Royal Fitness Club**

Keep your body in perfect balance with professional equipment in our fully organized fitness centre.

## **AGE REQUIREMENT**

Guests under of fifteen (15) may enter the ftness area only with adult supervision

## Hair & Nail Salon★

The Nana Golden Beach Hair & Nail Salon, offers a full range of expert hair services, in an elegant setting. The salon provides complete nail care services along with a full menu of tempting hand and foot treatments. For more information please contact reception

## **Towels - Beach Towel Card**

Please present the card at one of our five Pool bars (NAUTILUS-AQUA-KALYPSO-VERANDA-POSEIDON) in order to get your beach towel. Kindly note that you can change your towels daily, from 11:00-17:00. The beach towel card must be returned to reception before checking out, in order to avoid a charge of €20.

Please do not reserve the sunbeds with towels or other belogings, if not intended for immediate use. All unattended towels will be removed by hotel staff.

General Manager

We are delighted to welcome you, for what we are sure will be a pleasant and enjoyable stay.

Welcome



Services marked with \* incur extra charges which are payable locally

Kindly note that the hotel reserves the right to alter the facilities & services at any time due to the current situation